

Month Of: July

These activities are for various ages and will not be suitable for all ages. Supervision is suggested for all.

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			¹ Canada Day	² Sing and Dance to If You're Happy and You Know It	³ Make Goop Goop Recipe
Skills Children are Learning			Canada Day	Building gross motor skills, understanding of different emotions and how they might be expressed	Fine motor exploration Sensory Exploration
Suggestions for Extending Learning & Play			Canada Day	Add different feelings to the song and read books about feelings we experience..	Add materials such as toy cars, shovels, or animals
Week 2	⁶	⁷	⁸	⁹	¹⁰
	Go on a Scavenger Hunt. Look for items of different colours, shapes, textures	Baby Shark in 7 Languages	Soap Foam Play	Read I Just Forgot I Just Forgot	Wash rubber or plastic baby dolls using cloths and spray bottles of water.
Skills Children are Learning	Shape recognition and identification Building Gross Motor Skills	Language Acquisition Musical Appreciation, Learning new Languages	Building fine-motor skills. Sensory Exporation	Building love of reading.	Sensory Exploration. Promoting self-help skills and caring for others.
Suggestions for Learning & Extending Play	Ask children to name the shapes they find. Cut out shapes and match them together.	See what other familiar songs you can find in different languages.	Add play materials such as cups, dishes and cloths.	Talk about times when we forget things. Make a list together of important	Experiment with colder and warmer water. Talk about warm and cold.

Month Of: July

These activities are for various ages and will not be suitable for all ages. Supervision is suggested for all.

		Draw pictures of sharks		things to remember.	
Week 3	13 Baking Together Apple Sauce Muffins for Kids	14 Sing Bumpin Up and Down Bumpin Up and Down	15 Let's Read Max and the Tag-a-long Moon	16 Make a tent using blankets and cushions	17 Ice Art Creations Ice Cube Painting Instructions
Skills Children are Learning	Following directions, builds on math skills,	Gross Motor Development Language development	Literacy appreciation, Ability to focus attention on a task. Building understanding of space and time.	Dramatic and imaginative play. Recalling past events such as camping.	Exploration of different sense, cause and effect exploration and colour recognition.
Suggestions for Extending Learning&Play	Have your child take part in the clean-up process, washing the counter with soap and cloths	Use actions to mimic bumping in a wagon, or fixing the wagon.	Sing Zoom Zoom Zoom. Build a rocket ship using lego or blocks.	Read books about going on a camping trip. Go on an Insect or Nature Walk.	Talk about what might happen when the ice melts.
Week 4	20 Create ramps using small boxes. Race toy cars down the ramps.	21 Sing and dance to Hello Hello Lyrics to Hello Hello	22 Make Playdough Together Playdough Recipe	23 Dance to Music Waving Scarves	24 Go on a Nature Walk. Look for different insects and butterflies.
Skills Children are Learning	Planning and creativity. Eye-hand coordination, Fine Motor Skills	Language acquisition Gross Motor Development	Sensory Exploration Increasing fine motor skills	Increasing gross motor-skills and balance	Observation skills, recognizing and labelling insects
Suggestions for Extending Learning& Play	Talk about which ramps and vehicles your child thinks will be the fastest.	Add scarves or flags that your child can wave as they dance.	Have your child practice cutting using dull children's scissors.	Play stop and start using the music.	Draw pictures together of the things you saw on the walk.

Month Of: July

These activities are for various ages and will not be suitable for all ages. Supervision is suggested for all.

			Have your child spell their name in the playdough		
Week 5	27 Make musical instruments using old containers.	28 Read Book The New Baby Calf	29 Make a pretend pizza using paper plates and crayons	30 Sing Zoom Zoom Zoom Zoom Zoom	31 Baking Together Banana Bread Recipe
Skills Children are Learning	Planning and creativity. Musical Appreciation	Building on rhyming and memory, and language skills.	Fine-motor skills, the process of planning. Creativity.	Build of language and memory as they remember and sing the lyrics	Literacy and numeracy awareness, following directions, cooperating and working together.
Suggestions for Extending Learning&Play	Add materials such as rice and cheerios. Seal the lid tightly with tape. Compare the sounds they make.	Look up photos of animals with their babies on the Internet.	Make pizzas using bagels or English Muffins.	Young children may not understand the concept of counting backwards. Practice counting forward and backwards and to higher numbers.	Take photos while baking. Afterwards, talk about the process. Create a recipe book with photos.