

Week Of: June 15<sup>th</sup>-19<sup>th</sup>

These activities are for various ages and will not be suitable for all ages. Supervision is suggested for all.

<b>Day</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b><i>Music and Movement</i></b>	Play some of your own favourite songs. Dance to the music together!	Sing Wheels on the Bus <a href="#">Lyrics and Video</a>	Look up songs on YouTube in various languages. Wave scarves and streamers as you dance together	Play Head and Shoulders	Go on a Scavenger Hunt
<b><i>Skills Children are Learning</i></b>	Gross Motor Coordination	Language enhancement, community awareness	Cultural awareness Music appreciation.	Labelling and recognizing names of body parts, fine motor development	Problem Solving and Observation Skills
<b><i>Suggestions for Extending Learning &amp; Play</i></b>	Make drums using empty containers	Make your own school bus by arranging chairs like a bus	Make shakers by filling containers with rice and cereal.	Add lyrics using additional parts of the body.	Take photos of the things you find on your walk
<b><i>Language and Literacy</i></b>	Create your own books using family photos	Have a socially distanced book exchange with a neighbour	Chicka Chicka Boom Boom  <a href="#">Video</a>	Read Brown Bear  <a href="#">Video of Brown Bear</a>	Read The Very Hungry Caterpillar  <a href="#">Very Hungry Caterpillar Video</a>
<b><i>Skills Children are Learning</i></b>	Names of family members and the role they play in the family Fine motor skills.	Sharing and building relationships  Language and Literacy	Letter Recognition Cause and Effect	Rhyming and repetition which builds language. Colour recognition.	Language Development, Memory, Repetition
<b><i>Suggestions for Learning &amp; Extending Play</i></b>	Make books about pets, jobs at work and in the home,	Pretend you're at a library. Make library cards and role play.	Draw a tree with paint or crayon.	Encourage children to point to or say the names of the animals	Talk about which foods the caterpillar ate are healthy and

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	favourite toys.				which are treats
<b><i>Dramatic Play</i></b>	Use takeout menus to play restaurant	Create a play using dolls and stuffed animals	Put bandaids on dolls	Create a fort using towels and sheets	Let your child play on the floor with empty pots and pans and wooden spoons
<b><i>Skills Children are Learning</i></b>	That print and words have meaning	Building imaginary play	Healthy and well-being Caring for others	Planning and problem solving	Promoting self-help skills
<b><i>Suggestions for Extending Learning&amp;Play</i></b>	Print the names of your child's favourite food on a piece of paper	Perform the play for members of the home or in front of dolls or stuffed animals	Talk about the importance of staying healthy and washing hands	Add materials such as cushions or pillows	Change the types of items your child uses
<b><i>Art Experiences</i></b>	Dip chalk in water and draw on paper. See how the texture changes	Glue salt or sand onto paper	Make a pretend pizza using paper plates and cut-outs	If you have children's white glue, at a little paint or food colouring	Glue cereal boxes together to build a home or building
<b><i>Skills Children are Learning</i></b>	Cause and Effect Creating	Building Fine Motor Skills	Eye hand coordination	Fine Motor Coordination Colour Recognition	Large Motor Coordination Problem Solving
<b><i>Suggestions for Extending Learning&amp;Play</i></b>	Experiment using different types of paper	Have your child trace their name in sand or salt	Encourage dramatic play and role playing	Put a little glue in a seal ziplock bag. Encourage children to move the glue around in the bag	Paint the boxes or see if the boxes are large enough to fit in dolls or trucks
<b><i>Science and Sensory</i></b>	Make Playdough <a href="#">A playdough recipe</a>	Make bubbles <a href="#">Homemade Bubbles</a>	Fill an empty Baby Wipe Bin with large toys.	Go on a Bug Walk	Make Colourful Ice <a href="#">Ice Play</a>
<b><i>Skills Children are Learning</i></b>	Sensory exploring,	Bubbles can be a very calming	Cause and Effect	Appreciation of nature,	Cause and Effect

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	exploring touch	activity for some children		gross motor development	
<b><i>Suggestions for Extending Learning&amp;Play</i></b>	Use rolling pins to roll out the playdough Trace your fingers through the playdough to spell names	See what happens when food colouring is added to the bubble mixture	Babies love to fill and empty Provide a variety of baby safe boxes and materials for them to put in the boxes or bins	Make Ants on a Log Spread peanut butter or cream cheese and raisins onto carrots or celery. (Veggies should be boiled for young toddlers)	Talk about why ice melts. Have your child guess how long it will take for the ice to melt
<b><i>Cognitive Play</i></b>	Play I Spy. Ask your child to find different coloured items in your home	Make your own puzzles by cutting out pieces of a magazine. Lay the pieces back together on the table or glue them on a piece of paper	Sort large duplo by colour and shape	Drop cotton balls through paper towel or toilet paper rolls	Use the ice to create art. Run the ice over paper and let it dry
<b><i>Skills Children are Learning</i></b>	Colour recognition	Eye hand coordination, fine motor skills	Language skills, recognizing similarities and differences, Labelling colours	Cause and Effect Exploration	Hypothesizing by guessing what might happen, cause and effect
<b><i>Suggestions for Extending Learning&amp;Play</i></b>	Help your child write down the objects they find	Cut pieces into various sizes, add or decrease the number of pieces as needed	If your child owns toy animals or dinosaurs encourage them to sort by size and type of animal	Find other types of tubes. Do the cotton balls fall slowly or quickly in different sized tubes?	Fill icecubes with water. Place items such as pinecones in the water before freezing (Supervise carefully)